

# THE SCOOP

THE OFFICIAL PUBLICATION OF  
MEALS ON WHEELS COLLIN COUNTY

Volume 10, Issue 8



## QUESTION OF THE MONTH:

Why has my route been changed?

By Raven Carr, MPA

Routes are changed to make them as fair as possible for all volunteers. We understand relationships are with client volunteers and we hate to break up an bonds you may have with the seniors. However, in order to ensure clients are being delivered to in an efficient and timely manner, changes are sometimes necessary.

### What About Me?

Changing the route will benefit you by:

- Less gas usage
- Saving time
- Extra time with seniors

## Coming Up

- NCL Addison Takeover 8/9
- JCPenny Shelf Stable Assembly 8/21

## New Route!!!

### McKinney Mango

We need drivers for: Mondays, Wednesdays and Thursdays of the month. We also need the 2nd & 4th Tuesdays of the month and the 1st, 3rd, and 5th Friday of the month

- 10 clients
- 1 stop
- 3.5 miles
- Travel through W Lamar St, S Graves St, and W Louisiana St.
- Easy Apartment Complex Deliveries

\*Reminder  
Call Critical Time when client is unavailable for delivery..



# STAY COOL

by Ryan Ross, BAC

Hey Volunteers!

It sure is a toasty summer, so make sure you are staying cool and getting plenty of hydration. Please be aware if you are getting tired or fatigued, cool off or drink some water. Unfortunately, August will not be much cooler than July.

To help our seniors, Granite Properties has graciously donated over 90 fans to help them stay cool. **Please reach out to seniors and ask them to call to reserve a fan while they last.**

*Be safe! Hydrate!!!*

Finally, we would like to give a special thank you to US Foods for donating 50 cases of water to us. This will help cool off our volunteers and keep us healthy through the summer heat. We cannot thank US Foods enough.

## #NTxGivingDay

Save the date for this year's North Texas Giving Day! Last year you helped raise enough money to feed over 60,000 seniors. Starting this month, you can create your own FUNdraising page to help us blow last year's donations out of the water.

You can create a FUNdraising page for your favorite nonprofit by going to the nonprofit's page on the NorthTexasGivingDay.org website and click "FUNRAISE". Ask your friends and family to help promote your page or pledge to donate for scheduled giving starting September 9th,

## Volunteer of the Month: Kevin Sedota

By Ryan Ross, BAC

Kevin has been a reliable volunteer that has been so helpful to our kitchen staff.

Starting about a year and a half ago, Kevin was introduced to Meals on Wheels through another volunteer, his wife Donna. Kevin joined because his past culinary experience would be useful for the kitchen.

The most enjoyable parts for Kevin are when he gets to cook things up in a pinch with his own recipe. Meals on Wheels gets to provide a unique challenge with the large amount of food being made which keeps things interesting.

We are thankful for Kevin using his skills to help feed seniors that may not be able to help themselves.

Thank you Kevin!

## THANK YOU VOLUNTEERS FOR ALL YOU DO!!!

We couldn't do what we do without y'all.

